

Vegetarian Lunch Menu - Week 4



MONDAY

Tomato based sauce with mushrooms and kidney beans and accompanied with quinoa.

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Vanilla ice cream.

TUESDAY

Creamy mushroom and butter bean tagliatelle served with sliced garlic and herb ciabatta.

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Sliced peaches served with dried dates.

WEDNESDAY

Homemade spinach and red lentil curry served with brown rice.

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Sliced nectarines served with sultanas.

THURSDAY

Homemade quorn mince moussaka.

V-free mince (Ve)

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Honeydew melon served with sliced pears.

FRIDAY

Quorn fillets and roast potatoes served with cauliflower and cabbage.

Sweet potato and edamame patties (Ve)

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Sliced apples served with fresh blueberries.